

## **Report of the Balasabha Young Mentors Training – Second Phase** **2017 October 21 and 22 Thrissur**

Kudumbashree decided to have a peer educator's programme for Balasabha participants at the CDS level, three active Balasabha members were selected from each CDS and trained at the district level to be Young Resource Persons in the first phase during December 2016 and January 2017. The second phase of the Young Mentors programme for Thrissur district was conducted on October 21 and 22, 2017 at Dream city, Pattikkad, Thrissur as residential programme. Manu Jose, K C Santhosh Kumar and Arun, were the facilitators of the programme.



The aim of the training was to strengthen the learning of the first phase and also to equip the young people who participated in the phase with new skills and values for mentoring the peers. Programme was followed by module, discussion on the difference of change and transformation, communication, confidence and integrity. Leadership qualities like responsibility, communication, confidence and integrity were discussed between the participants and facilitators and facilitators cleared their doubts and queries. Few games were also played

during the programme. Game like “Qua Qua” was played to discuss further qualities and skills of communication and leadership.





Facilitators asked children to do a role play on current issues and they came up with skits on beef issue, violence against women in family and ragging etc. The second phase was focused on themes, namely leadership skills, empathy and development. Workshop ended with a short presentation by Balasabha resource person and a feedback session.