

A REPORT FEEDBACK ON GENDER SENSITISATION TRAINING PROGRAMME.

Soumya G Podmaral
Marketing - OPM
Kasaragod.

The two days training programme on Gender sensitisation turned out to be an insightful experience for me. Also being a new entrant, it gave me a feel of a fresher training programme. The training mode ensured the active participation of the audience throughout. And most importantly there was no judgement on the views, opinions and thoughts expressed. Hence I believe most sensed a whole lot of freedom at

in expressing ourselves whenever and wherever we felt. Kudos to the Training Team who influenced us to think and reflect our thoughts, understanding concepts, mindsets with no apprehensions and inhibition. A indepth self analysis and relearning happened ~~for~~^{to} me ~~perf~~ personally as a woman, daughter, wife, mother and as a Kudumbashree team member. We dissected a few Kudumbashree developmental schemes and programmes and saw where we stand and what have we done so far in the area of gender upliftment and empowerment. Also it will guide us to identify areas where we can bring improvement; rather than addressing the 'practical gender needs'. My understanding regarding simple terms like Gender & Empowerment

completely changed. Moreover, I personally felt very happy to see my male colleagues actively participate and share their sensitive feelings towards their female counterparts. All these insights were brought out by effective group activities, team skits, presentations etc. I am sure that the Vistaara team had put a lot of effort in planning this event and above all they showed us an example on how well the plan can be executed. The programme will definitely serve as an input to dream a 'Gender Inequitable Society'.

I Thank ~~you~~ Kuchumbashree for organising this programme & thank you Vistaara for the wonderful delivery. We look forward for more programmes like this.