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COUNSELOR - SNEHITHA ALAPPUZHA

26th NOV 2017 - 28th NOV 2017



It was a great experience attending different topics in a short span of time. The training helped to pinpoint the ill-effects of 'male centredness' and its roots in our culture. It ^{was} also a wonderful puzzle-like experience to address 'social taboos & constraints' deeprooted in our community and in different social institutions.

Legal awareness, especially social legislation is one of the very important subject/topic that caters to the potency of a counselor. A two-four hours class on the the paper could never efficiently educate the professionals. It would be better and also appreciable, if we get a chance to go through social legislation in a deep-level.

Addressing topics like transactional analysis, gender based violence, etc was like recharging our thinking-levels. The entire training session could beautifully convey the message that SNEHITHA should work for to wipe out the "negatives of 'male centredness'" not with the man or woman.

When it comes to a critical analysis, the training duration, i.e. 3 days and the time given to discuss each topic was not substantiable. But it is a glad thing to note that the creativity behind all such capacity-building, orientation ~~was~~ super-motivating to the staff.

Looking forward for such capacity-building as well as action-oriented (practical) training programmes in future. It not only helped SNEHITHA, but also gave a great chance to us to excel as a human-being.
