

Report of the Balasabha Young Mentors Training – Second Phase **October 28 and 29, 2017 – Ernakulam and Alappuzha Districts**

Kudumbasree decided to have a peer educator's programme for Balasabha participants at the CDS level, three active Balasabha members were selected from each CDS and trained at the district level to be Young Resource Persons in the first phase during December 2016 and January 2017. Four regional workshops were conducted in Ernakulam district for around 250 young people in Aluva, North Paravur, Muvattupuzha and ernakulam. And two workshops were conducted in Alappuzha for over 100 youngsters.

The second phase of the Young Mentors programme for Ernakulam and Alleppey districts was conducted on October 28 and 29, 2017 at Samrudhy Gramam, Vengola near Perubavoor in Ernakulam district as a residential workshop.



The second phase was to focus on five themes, namely leadership skills, understanding Equality from Gender perspective, power, empathy and development of organizing capacity building. The aim of the training was to strengthen the leanings of the first phase and also to equip the young people who participated in that phase with new skills and values for mentoring the peers. Manu Jose, K C Santhosh Kumar and Arun, were the facilitators of the programme. Facilitators taught children that how to overcome fear of public speaking and asking questions. Gender equality were discussed using film “That’s My Boy”, brain storming group discussions and games were also included.



Work shop was followed by module, discussion on the difference of change and transformation, gender equality, concepts of gender and sex, masculinities and feminism, violence against women and various activities like games. This program was concluded by the screening of film "Mandakini parayunnathu".