

## FIELD VISIT-PATHANAMTHITTA

On October 31<sup>st</sup> 2017

Purpose: Study of Health Sector Projects, along with Dr. Shamanna from NIRD.



Visit was with a focus on Swasthyam and Santhwanam projects and visited two Swasthyam kiosks supplying eco friendly food along with spreading the message of cancer awareness to common people. Kiosk previously was run by a cancer survivor and now by the relative of a cancer patient.

Interacted with a Santhwanam volunteer who explained about her job and how she could identify people with health risks and direct them to hospitals. She also did the guest's health check up.





Visited an organic vegetable shop (Aiswarya Vegetable Shop) under the SVEP project, where the entrepreneur gave an idea regarding how people, today are becoming more inclined to using Organic Vegetables.



Got the opportunity to visit 'Dreams Food Supplement' producing Amrutham Nutrimix and Cafe Kudumbashree in the district and interacted with them on health related aspects of the enterprises. Visited Ayiroor CDS also.



Suggestion & Conclusion: Kudumbashree mission with a proven track record in welfare activities can contribute immensely for health sector activities in the community. It is expected that with proper training and guidance, female volunteers can initiate more campaigns in the community at the grass root level which will gather momentum, ultimately benefitting the community in the long run. The field visit helped to know more about the Kudumbashree role in health sector in the field level.