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## Gender Sensitization Workshop

The gender sensitization workshop conducted on 8<sup>th</sup> and 9<sup>th</sup> November at Mariya Poni Training Centre Tiruvandrum by Stali Kudumbashree Mission for block coordinators was effective and informative. Compared with other workshops this programme was a different experience.

Though the terms of 'gender' and 'sex' were familiar, the programme helped to identify the differences in between them in a simple way.

Through various role plays quiz programme, group discussions activity chart and group dynamic activities, I could realize the need and importance of gender equity also gave variety of experiences for understanding the importance of current issues related to gender distinctions of society.

The workshop gave an insight into the relevance of gender issues and necessity of creating equity in the social life of man.

The discussions related to various topics provided clear cut picture of various perspectives existing in all realms of life.

The two experts of the gender sensitization programme guided the sessions in simple, dynamic and informative ways.

In short the programme provided a positive attitude in my life to be practised in future.



Anesh Thomas