

# **Two Day Workshop on Gender Sensitization Programme**

**2017 October 23<sup>rd</sup> & 24<sup>th</sup> at Maria Rani Training Center,**

**Sreekaryam, Thiruvananthapuram.**

## **Introduction**

Training programme started with the introductory speech of State Programme Manager Smt. Soya Thomas. She detailed the objectives as well as the relevance of the programme. Gender sensitization is a major issue in Indian Society. Indian society must practice the equality between male and female. Our constitution has given the equal status to both. Considering this fact the Kudumbashree Mission has organized two day workshop for Gender sensitization. Ms. Mercy Kappan & Mr. Roshan jointly had taken the sessions.

The camp was inaugurated by Vidhu Vincent, the director of the award winning movie Manhole. The inaugural session was presided over by our Hon, Executive Director Shri S. Harikishore IAS. The session was followed by the screening of the movie Manhole.

The first session started with a group activity. The group activities role was to crack the gaps between us which will help us to express better and to learn more. So the activities make us to act, cry and even to dance without any sort of attitude or egos. The group activities helped us to understand the different roles and approaches on women empowerment like welfare, anti-poverty, efficiency & empowerment approaches which also makes us to think in those ways by throwing questions to think, to debate and to conclude. It also makes us to think about the opposite gender and its issues in our view. There is another group activity with the groups based on the sex. This helps us to analyze the gender based violence's and feel the emotions better. It also gives us a fresh idea and thought about sex and gender. The eye opener which says sex is based on biological facts while gender is the mix of biological and psychological facts.

The recap sessions also made us to add the points which haunt us after the last day sessions. This helped us to debate and concludes on the rectifying statements which say about gender issues. The activities which includes extra-curricular activities like singing, dancing and debating helps us to put maximum of us in to the tasks and realize the issues. The program concluded with the discussions on the ideas which is envisages in the vision of Kudumbashree Mission and the changes which we like to see in our personal life.

### **Lessons learned.**

- Got more ideas about types of gender roles, Practical Gender Needs (PGN) & Strategic Gender Needs (SGN).
- Modify the existing programmes based on the empowerment and equity approach.
- Got more ideas about various approaches to women empowerment.

### **Conclusion**

Training programme enlightened the minds of team members through various games on gender analysis. So that team members learnt the importance of gender planning in the programme and the importance of equality between male and female in the work place.

**Sobhu Narayanan**

**District Programme Manager (Marketing)**

**Kudumbashree District Mission - Thrissur.**