



Agri Therapy



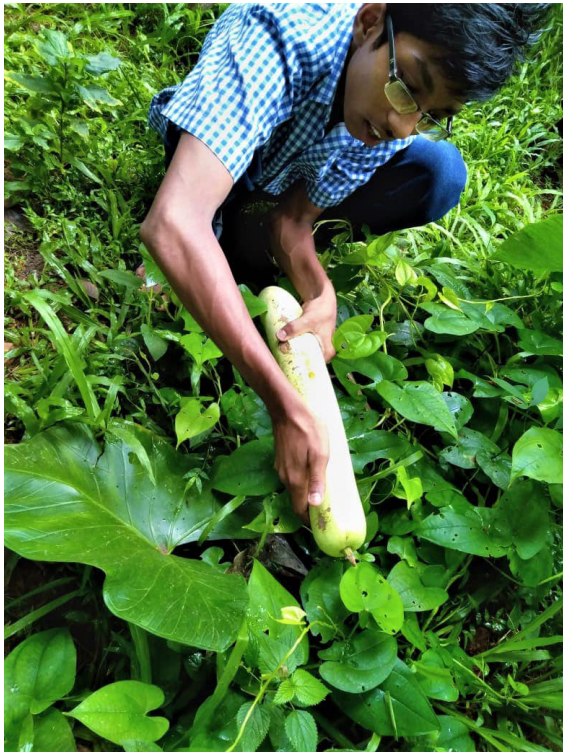
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Executive Director
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Hope you all remember the article about the BUDS Institutions initiated by Kudumbashree Mission in association with Local Self Government Institutions (Making an Impact-30). As of now, 7000 students are engaged in various study/ training activities in 253 BUDS institutions in the state.

Agri Therapy is the innovative idea conceived by our team to bring more happiness to the children (of BUDS schools) and to engage them in enjoyable physical activities so as to bring out their inherent talents. There are many farming groups working under Kudumbashree Mission and also we have special teams to supervise the farm activities in the agriculture sector. The Sanjeevani Agri Therapy Program is - providing adequate training in farming practice to the teachers and students of BUDS institutions through master farmers of Kudumbashree and to help them undertake agriculture in each BUDS institutions. Cultivation is undertaken in at least 2 cents of land in



each BUDS institution. In schools with space constraint, vegetables are cultivated in grow bags.

Agri Therapy project was initiated by us during the financial year 2018-19. We could start Agri Therapy in all the existing BUDS institutions in the first year itself. Now, Agri Therapy is progressing in all 253 BUDS Institutions in Kerala. In some places, children are doing farming by taking up the lands near their institutions on lease also! Many Local Self Government Institutions celebrate the harvest of the vegetables grown by the children of the BUDS institutions. The vegetables thus cultivated are mostly used by the BUDS School for their mid day meals.

Agri Therapy concept is receiving good responses from Local Self Government Institutions, teachers of the BUDS institutions and parents of the BUDS School students. We are content and proud that we could make the children more active, motivated, productive and above all we were able to bring more happiness.

Through this article, let me share that happiness with you all!

